Aim and Scope

The Exercise Science Journal (Exercise Science, ES) is a quarterly (February 28, May 31, August 31, and November 30), peer-reviewed and open-access journal. The journal focuses on scientific research for exercise science including physiology, biochemistry, nutrition, metabolism, genetics, immunology, medicine, rehabilitation, growth and development, training, anthropometry, and epidemiology related to exercise and sports. The types of manuscripts include research articles, review, short/rapid communication, and case reports in the field of exercise science.
CONTENTS

Volume 26 Number 3 August, 2017

Review Article

169 Dysregulation of GPCR Signaling in Cardiovascular Diseases: A Potential Role for Exercise Training?
Kwang-Seok Hong, Sukho Lee

Original Articles

179 Effects of Self-Myofascial Released and Sports Massage on Exercise Performance and Fatigue Recovery in Male College Students
Yang-Jung Kim, Sang-Hyun Lee, Su-Jin Kim, Hyo-Bum Kwak, Ju-Hee Kang, Dong-Ho Park

188 Effects of Moderate Exercise Training and Resveratrol Supplementation on Macrophage Infiltration and Inflammation in Adipose Tissue of Obese Mice
Young-Ran Lee, Hee-Geun Park, Wang-Lok Lee

197 Association between the VDR FokI Polymorphism, Muscle Strength and Bone Strength in Male and Female Adults
Dong-Ho Park, Chang-Sun Kim, Yun-A Shin

204 Effects of Resistance Training on Serum Inflammatory Markers and CatSper 1-4 Protein Expression in Testis of OLETF Rats
Min-Ki Lee, Se-Hwan Park, Jin-Hwan Yoon

212 The Effect of 8 Weeks Inspiratory Muscle Training and Taekwondo Exercise on Physical Fitness, CRP, Pulmonary Function and Isokinetic Muscular Function in Middle Aged Male Smokers
Yung-Jin An, Ki-Sung Lee, Tae-Woo Kim, Hyun-Ji Son, Jin-Ho Yang, Soo-Yeon Kim, Chang-Hyun Jang

223 Effect of High-Intensity Interval Training on Acute Liver Failure Induced by D-Galactosamine/Lipopolysaccharide in Balb/c Mice
Jin-Kyung Cho, Soo-Hyun Park, Hyun-Sik Kang

229 Glycolysis Mediated Sarcoplasmic Reticulum Ca\(^{2+}\) Signal Regulates Mitochondria Ca\(^{2+}\) during Skeletal Muscle Contraction
Dae-Ryoung Park
목 차

종설
169  Dysregulation of GPCR Signaling in Cardiovascular Diseases: A Potential Role for Exercise Training?
    Kwang Seok Hong, Sukho Lee

원저
179  자기근막이완운동과 스포츠마사지가 남자 대학생의 운동수행력 및 피로회복에 미치는 영향
    김양중, 이상현, 김수진, 김효범, 강주희, 박동호

188  중강도 운동과 라스베리트를 투여가 고지방성비만쥐 지방조직의 대식세포 침윤과 염증반응에 미치는 영향
    이영안, 박최근, 이향목

197  성인 남녀의 VDR Fok1 유전자다형성과 근력 및 골강도와의 관련성
    박동호, 김창선, 신윤아

204  저항성 운동이 OLETF 쥐의 혈청 염증반응지표 및 고환조직의 CatSper 1-4 단백질 발현에 미치는 영향
    이민기, 박세환, 윤진환

212  8주간 흡기근육훈련과 태권도 수련이 흡연중년남성의 체력, CRP, 고통과 동속성근기능에 미치는 영향
    안영진, 이기성, 김태우, 손현지, 양진호, 김수연, 장창현

223  고강도 인터벌 트레이닝이 D-Gal/LPS로 유도된 마우스의 급성 간 부전에 미치는 효과
    조진성, 박수현, 강현식

229  근수축시 해당작용에 의한 근형질 세망의 Ca²⁺ 변화가 미토콘드리아 Ca²⁺ 증가에 미치는 영향
    박대영

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