Aim and Scope

The Exercise Science Journal (Exercise Science, ES) is a quarterly (February 28, May 31, August 31, and November 30), peer-reviewed and open-access journal. The journal focuses on scientific research for exercise science including physiology, biochemistry, nutrition, metabolism, genetics, immunology, medicine, rehabilitation, growth and development, training, anthropometry, and epidemiology related exercise and sports. The types of manuscripts include research articles, review, short/rapid communication, case report in the field of exercise science.
## CONTENTS

### Editorial

311 Gero-Exercise Science: A Remedy for Rapid Aging  
Hyuntae Park

### Review Articles

317 Eicosapentaenoic Acid and Docosahexaenoic Acid in Endurance Performance and Cardiovascular Function  
Eisuke Ochi, Yosuke Tsuchiya

324 The Effect of McConell Tape on Patients with Patellofemoral Pain  
Hyung-pil Jun, Eunwook Chang

### Original Articles

330 The Association Between Estimated Cardiorespiratory Fitness and Mental Health in Older Adults  
Mun-Ku Song, Jeong-Hyun Kim, Hyun-Sik Kang

339 Examining the Relation between Heart Rate Variability, Flow, and Shooting in Wheelchair Athletes  
Youngsook Kim, Seunghyun Hwang, Sanghoon Park, Seongkwan Cho, Eonho Kim

346 Effects of Lower Extremity Eccentric-Based Training on Muscle Strength and Physical Function in Older Adults: A Randomized Controlled Pilot Trial  
Dae Young Kim, Seung Lyul Oh, Wook Song, Jae-Young Lim

355 Associations between Psychological Stress and Exercise in Korean Adults: Finding from the Korean Genome and Epidemiology Study  
Eun Sun Yoon, Sae Jong Park, Soo Hyun Park

365 The Effect of either Aerobic Exercise Training or Chrysin Supplementation on Mitochondrial Biogenesis in Skeletal Muscle of High Fat Diet-Induced Obese Mice  
Kyung-Il Kim, Sang-Min An, Hee-Geun Park, Kwang-moo Lee, Wang-Lok Lee

373 Effects of Vastus Lateralis Muscle Fascicle Length on Isokinetic Muscle Strength and Dynamic Balance in Youth Soccer Players  
Jeong-Doo Jin, Ho-Seong Lee

381 Effects of Treadmill Running on Oxidative Stress and Heat Shock Protein in Early Stage of 3xTg-AD Mice  
Minjung Kang, Jinlyung Cho

388 Resistance Training Does Not Mitigate Cardiovascular Reactivity to Sympathoexcitation in Young Adults  
Jae Ho Park, Sae Young Jae

396 A Comparative Analysis of Physical Fitness in Korean Police Officers: Focus on Results between 2014 to 2019  
Sangwoon Kim, Jooyoung Kim

401 Effects of Lithium Chloride and/or Endurance Exercise Treatment on the Metabolic Syndrome of High Fat Induced Obese Rats During 4 Weeks  
Su-Ryun Jung

409 The Effects of Treadmill Exercise on Iron Accumulation and Microglia Activation in the Brain of APP-C105 Transgenic Mice of Alzheimer's Disease  
Joo-Young Lee, Dong-Hun Choi, Hyun-Saob Um, Tae-Kyung Kim, Nam Hee Lee, Dong-Chul Yeom, Joon-Yong Cho

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목 차

편집인의 글
311 고령화사회의 구제책으로서의 “운동노화과학”
박현태

종 석
317 Eicosapentaenoic Acid and Docosahexaenoic Acid in Endurance Performance and Cardiovascular Function
Eisuke Ochi, Yosuke Tsuchiya

324 The Effect of McConell Tape on Patients with Patellofemoral Pain
Hyung-pil Jun, Eunwook Chang

원 저
330 노인의 추정 심폐체력과 정신건강과의 연관성 분석
송문구, 김정현, 강현식

339 Examining the Relation between Heart Rate Variability, Flow, and Shooting in Wheelchair Athletes
Youngsook Kim, Seunghyun Hwang, Sanghoon Park, Seongkwan Cho, Eonho Kim

346 Effects of Lower Extremity Eccentric-Based Training on Muscle Strength and Physical Function in Older Adults: A Randomized Controlled Pilot Trial
Dae Young Kim, Seung Lyul Oh, Wook Song, Jae-Young Lim

355 한국 성인의 사회 심리적 스트레스와 운동 미참여의 관련성: 한국인 유전체 역학 조사사업 자료를 기반으로
윤은선, 박세정, 박수현

365 The Effect of either Aerobic Exercise Training or Chrysin Supplementation on Mitochondrial Biogenesis in Skeletal Muscle of High Fat Diet-Induced Obese Mice
Kyung-Il Kim, Sang-Min An, Hae-Gun Park, Kwang-moo Lee, Wang-Lok Lee

373 외측광근의 근속 길이가 유소년 축구선수의 동속성 근력 및 동적 균형에 미치는 영향
진정두, 이호성

381 운동이 초기 알츠하이머형 마우스의 산화성 스트레스와 열소크단백질에 미치는 영향
강민정, 조진경

388 Resistance Training Does Not Mitigate Cardiovascular Reactivity to Sympathoexcitation in Young Adults
Jae Ho Park, Sae Young Jae

396 A Comparative Analysis of Physical Fitness in Korean Police Officers: Focus on Results between 2014 to 2019
Sangwoon Kim, Jooyoung Kim

401 단기간의 저구성 운동 또는 라自然而치가 고지방식 유도 비만쥐의 대사증후군에 미치는 영향
정수련

409 트레드밀 운동이 척의 축적과 미세교세포 활성에 미치는 영향
이주영, 최동훈, 엄현섭, 김태경, 이남희, 염동철, 조준용

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