Aim and Scope

The Korean Society of Exercise Physiology (KSEP; http://www.cksep.kr) was founded in 1988 and currently has around 2,000 members. The Exercise Science (Exerc Sci), an official journal of the KSEP, was first issued in 1992 and currently has published 28 volumes. The aim of the Exerc. Sci. is to scientifically show the "scientific and clinical value of exercise in health and disease control", provide evidence for this, consequently promote the development of elite sports, and improve the health of the general public. Therefore, Exerc Sci focuses on evidence-based scientific research of multidisciplinary studies, including physiology, biochemistry, nutrition, metabolism, genetics, immunology, medicine, rehabilitation, growth and development, training, anthropometry, and epidemiology related sport, physical activity, and exercise. The types of manuscripts include research articles, reviews, short/rapid communications, and case reports in the field of exercise science. For internationalization, we operate a separate "full English journal homepage" and a "submission evaluation system". The Exerc Sci is an international, double-blind peer-reviewed and open access journal published quarterly (February 28, May 31, August 31, and November 30). Full texts are freely available from https://www.ksep-es.org. The Exerc Sci is also partially supported by The National Research Foundation of Korea (NRF).
CONTENTS

Volume 29 Number 3 August, 2020

Editorial

201 New Normal and Exercise Science
Seung-Soo Baek

Review Articles

202 Role of Exercise in Skeletal Muscle Atrophy: A Mechanistic Investigation
Dae Yun Seo, Jun Hyun Bae, Hyun Seok Bang, Yi Sub Kwak

208 Role of Exercise-induced Adiponectin Activation on Obese and Diabetic Individuals
Kangil Lim, Kijeong Kim

Original Articles

214 Physical Performance and Inflammation Responses during and after the Jiu-Jitsu Stimulated Match according to Recovery Treatment Methods
Jong-Hyun Park, Sang-Hyun Lee, Su-Jin Kim, Jung-Ran Song, Hyo-Bum Kwak, Ju-Hee Kang, Dong-Ho Park

225 Ankle Joint Cooling did not but Knee Joint Cooling altered the Quadriceps and Gastrocnemius Neuromuscular Activation During a Single-leg Drop Jump
Jihong Park, Kyeongtak Song, Sae Yong Lee, Hohyung Ryu

233 Effects of Combined Exercise on Frailty Index, Carotid Artery Beta-Stiffness, and Distensibility in Pre-frail Older Adults Women
Yun-Jung Jang, Hyun-Tea Park, Tea-Kyu Kim, Jin-Kee Park

242 Changes of Motor Function according to Attention Differences in Stroke Patients: A Randomized Controlled Trial, Pilot Study
Sun-Young Ha, Yun-Hee Sung

248 Effects of Combine Exercise on HSP70 and SOD1 Expression of Aorta, Skeletal Muscle and Myocardium in High Fat Diet induced Obese Aging Rats
Nayoung Ahn

256 Effects of 12 Weeks Combined Exercise on Body Composition, Physical Fitness, and Leukocyte Telomere Length in Elderly Women
Yun-Cheol Shin, Yongchul Jang, Joon-Yong Cho

264 Effects of Acute Alcohol Consumption on Cycling Anaerobic Exercise Performance: A Randomized Crossover Study
Ting-Heng Chou, Chansol Hurr

272 Effects of Static Apnea Training on Pulmonary Function, Blood Lactate Response and Exercise Performance of Elite Swimmers
Heejeong Son, Yunah Jeon, Hyosik Kim

281 The Effects of Acute Resistance Exercise Intensity on Pain Perception and Muscle Mechanical Properties of Taekwondo Athletes
Jong-Oh Jang, Eon-Ho Kim, Bo-Geun Lee, Tae-jin Kwak, Yun-Bin Lee, Jin-Seok Lee
CONTENTS

Volume 29 Number 3 August, 2020

    Hae-Joo Nam, Eunwook Chang

300  Effects of Water-loading Weight Loss on the Physiological Response in College Wrestlers
    Jinkyung Cho, Taekyung Han

307  Altered Arterial Stiffness, Cerebral Blood Flow and Cognitive Function in Young Smokers in Response to One-Bout of Aerobic Exercise: MICE vs. HIIE
    Jisun Hwang, Ruda Lee, Jin-Su Kim, Moon-Hyon Hwang

316  Comparison of Shoulder Neuromuscular Control in Overhead Athletes with and without Shoulder Hypermobility
    Sungwoo Kang, Kwanglae Kim
목 차

편집인의 글
201 운동과학의 뉴노멀
백성수

종 섬
202 골격근 위축에 대한 운동 메커니즘: 기전적 분석
서대윤, 배준현, 방현식, 최이성

208 Role of Exercise-induced Adiponectin Activation on Obese and Diabetic Individuals
Kangil Lim, Kijeong Kim

원 저
214 회복처치 방법에 따른 주짓수 모방 시합 중과 후의 신체수행력 및 염증반응
박종현, 이상현, 김수진, 송정란, 김효범, 박동호

225 Ankle Joint Cooling did not but Knee Joint Cooling altered the Quadriceps and Gastrocnemius Neuromuscular Activation During a Single-leg Drop Jump
Jihong Park, Kyeongtak Song, Sae Yong Lee, Hohyung Ryu

233 복합운동이 전단계노쇠 고령 여성의 노쇠지표, 경동맥 경직도 및 탄성도에 미치는 영향
장윤정, 김태규, 박진기

242 Changes of Motor Function according to Attention Differences in Stroke Patients: A Randomized Controlled Trial, Pilot Study
Sun-Young Ha, Yun-Hee Sung

248 비만유도 노화 친구의 복합 운동이 대동맥, 골격근 및 심근의 HSP70 및 SOD1 발현에 미치는 영향
안나영

256 12주간 복합운동이 노인 여성의 노인체력, 신체구성 및 백혈구 텔로미어 길이에 미치는 영향
신윤철, 장용철, 조준용

264 Effects of Acute Alcohol Consumption on Cycling Anaerobic Exercise Performance: A Randomized Crossover Study
Ting-Heng Chou, Chansol Hurr

272 Effects of Static Apnea Training on Pulmonary Function, Blood Lactate Response and Exercise Performance of Elite Swimmers
Heejeong Son, Yunah Jeon, Hyosik Kim

281 일회성 저항성 운동 강도가 태권도 선수의 통증 자각도 및 근육 기계적 속성에 미치는 영향
장종오, 김연호, 이보근, 박대진, 이윤번, 이진석

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목차

제29권 3호 2020년 8월

291 스포츠 손상관리 시스템의 운영 실태 조사와 시설 이용 만족도 및 관리자의 직무 만족도 조사를 통한 선수 손상관리 시스템의 개선 방향 연구
남혜주, 장은욱

300 Effects of Water-loading Weight Loss on the Physiological Response in College Wrestlers
Jinkyung Cho, Taekyung Han

307 일회성 유산소 운동이 흡연자의 동맥경직도, 대뇌혈류량 및 인지기능에 미치는 영향: 중강도 지속성 vs. 고강도 인터벌
황지선, 이루다, 김진수, 황문현

316 Comparison of Shoulder Neuromuscular Control in Overhead Athletes with and without Shoulder Hypermobility
Sungwoo Kang, Kwanglae Kim